


RE Focus	Buddhism: Beliefs in practice	Year 4	Summer 1
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What? (Key Knowledge)

Buddhism	<p>Many believe that Buddhism is more of a 'philosophy of life' rather than a religion. They believe that Buddhism teaches people:</p> <ul style="list-style-type: none"> to lead a moral life; to be mindful and aware of thoughts and actions; to develop wisdom and understanding.
The Five Buddhist Morals	<p>* Do not take the life of any living thing * Do not steal. *Be faithful * Do not lie. *Do not drink alcohol.</p>
Noble Eightfold Path 	<p>The Eightfold Path is a set of rules or instructions for people to follow to reach enlightenment. The Eightfold Path consists of eight practices: view, resolve, speech, conduct, livelihood, effort, mindfulness, and meditation.</p>

Possible experiences

- Make a list of 8 things that would help the class feel safe and happy e.g. kind words.
- Outdoor Learning – Use nature to make a recipe for happiness.



Attainment Targets

- I can describe one of my 'good' choices and the consequence of it. I can also explain the consequences of making a different choice.
- I can describe how aspects of the 8-fold path would help Buddhists know how to live good lives.
- I can start to tell you why some aspects of the 8-fold path might be hard for some Buddhists to stick to.

Key Questions

- What is the best way for a Buddhist to lead a good life?
- Do religious people lead better lives?
- Do all religious beliefs influence people to behave well towards other?

What? (Key vocab)

Spelling	Definition
Buddhist	A Buddhist is someone who follows the teachings of a man called Siddhartha Gautama (or Siddattha Gotama), who became known as the Buddha.
Nirvana	Once enlightenment has been achieved and so one isn't reincarnated.
Karma	A belief that our past actions affect us, either positively or negatively, and that what we do in the present time will affect us in the future.
Samsara	The cycle of death and reincarnation.