






WEEKLY MENU

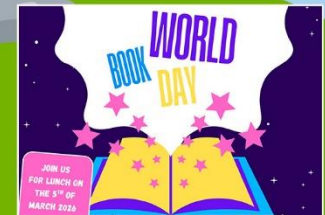
WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Tomato & Basil Pasta (CE, G/W) V	Beef Burger (SE*, SO, SU, G/W)	Roast Chicken & Gravy	Chicken Kebab with Pitta (G/W)	Fish Fingers or Salmon Fishcake & Chips (F, G/B*, W)
VEGGIE 	Sweet Potato, Chickpea & Coconut Curry (CE, G/B, O, R, W) V S	Vegetable Burger (SE*, G/W) V	Roasted Root Vegetable Pie & Gravy (CE, G/W) V S	Vegetable Kebab with Pitta (G/W) V	Vegan Nuggets & Chips (G/W) V
SIDES 	Rice & Peas with Green Beans (CE) V	Homemade Potato Wedges & Green Salad V	Rustic Roast Potatoes with Roasted Carrots & Parsnips V S	Steamed Rice & Green Beans V	Baked Beans & Peas V
PASTA & JACKET 	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad
PUD 	Banana Cake & Custard (E, MK, SO*, G/W)	Homemade Chocolate Cookie (E, MK, SO*, G/W)	Apple Crumble & Custard (MK, G/W)	Carrot Cake (E, MK, SO*, G/B, O, W) S	Ice Cream (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

05 JAN / 26 JAN
23 FEB / 16 MAR /






ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA * = MAY CONTAIN
CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SU = SULPHUR V = VEGAN
E = EGGS G/B = BARLEY G/W = WHEAT MO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS S = SEASONAL VEG

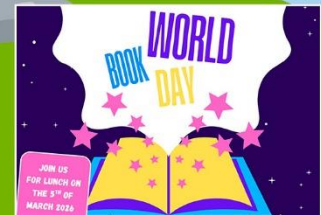
WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Tomato & Basil Pasta (CE, G/W) V	Meat Feast Pizza (MK, G/W)	Beef Mince Casserole (G/B*, W*)	Butter Chicken Curry (G/B*, O*, R*, W*)	Battered Fish or Salmon Fishcake & Chips (F, G/B*, W)
VEGGIE 	Roasted Squash & Root Vegetable Lasagne (E*, MK, G/W) S	Cheese & Tomato Pizza (MK, G/W)	Vegetable & Bean Casserole (CE, G/B*, W*) V S	Chickpea & Vegetable Masala (CE, MK, MU*, G/B*, O*, R*, W) S	Mexican Quorn & Veggies (CE, E, MU, G/B, O*, R*, W*)
SIDES 	Garlic Bread & Green Salad (MK, SO*, G/W)	Homemade Potato Wedges & Green Salad V	Rustic Roast Potatoes with Roasted Carrots & Parsnips V S	Steamed Rice & Green Beans V	Beans or Peas V
PASTA & JACKET 	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad
PUD 	Homemade Chocolate Cookie (E, MK, SO*, G/W)	Iced Vanilla Sponge (E, MK, SO*, G/W)	Chocolate & Orange Brownie (E, MK, SO, G/B, W)	Orange & Berry Cake (E, MK, SO*, G/W)	Cinnamon Swirl (G/W) V
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

12 JAN / 02 FEB
02 MAR / 23 MAR /

ALLERGENS

CE = CELERY
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E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY
G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
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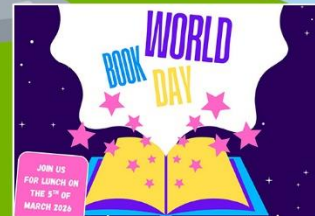
WEEKLY MENU

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WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Tomato & Basil Pasta (CE, G/W) V	BBQ Glazed Chicken Wrap & Wedges (G/W)	Homemade Chicken Sausage Roll & Gravy (E, G/W)	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)	Battered Fish or Salmon Fishcake & Chips (F, G/B*, W)
VEGGIE 	BBQ Glazed Quorn Wrap & Wedges (E, G/W)	Mac & Cheese (MK, G/W)	Homemade Roast Vegetable & Stuffing Roll (G/W) V	Cheese & Tomato Pizza (MK, G/W)	Veggie Sausage Roll & Chips (MK*, SO, G/B*, O*, W)
SIDES 	Carrots & Green Beans V S	Mixed Green Salad V	Rustic Roasted Potatoes with Roasted Carrots & Parsnips V S	Homemade Potato Wedges & Green Salad V	Beans or Peas V
PASTA & JACKET 	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad	Jacket Potato & Salad
PUD 	Sprinkle Sponge Cake & Custard (E, MK, SO*, G/W)	Fruit Jelly V	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)	Orange Syrup Sponge & Vanilla Sauce (E, MK, SO*, G/W)	Vanilla & Raisin Shortbread Biscuit (G/W) V
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES
19 JAN / 09 FEB
09 MAR /

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