

# *Welcome to P.I.T. Stop*

(Our Pastoral Inclusion Team)



# What is P.I.T. Stop?



- Our Pastoral Inclusion Team provides additional enrichment and PSHE (Personal Social Health and Education) support for children, their families and their Carers.
- **PSHE** is an integral part of the **National Curriculum** which is taught in all schools. Children who come to the P.I.T. Stop are supported through group work, one-to-one pastoral mentoring or Dramatherapy.

# Referrals to P.I.T. Stop



- Children are referred to P.I.T. Stop through Parents/Carers, the Inclusion Manager or Teaching staff.
- Referrals are made for a wide range of reasons including developing confidence, managing feelings and support with friendships and bereavement.

# Who is in the P.I.T. Stop Team?



- **Mrs Garrott** – Inclusion Manager (currently on Maternity leave)
- **Mrs Kick** – Acting Inclusion Manager
- **Ms Wedderburn** – Behaviour Manager and P.I.T. Stop Co-ordinator
- **Mrs Hensman** – Dramatherapist
- **Mrs Crook** – Family Worker
- **Miss Withers** – Assistant SENCO
- **Mr Edwards** and **Mrs Livett** – Pastoral Mentors

# Our Groups in KS1



- KS1 Social Skills
- KS1 1:1 Mentoring

# Our Groups in KS2



- KS2 Social Skills
- KS2 Emotional Literacy
- KS2 Self-Esteem
- KS2 1:1 Mentoring

# Group Rationale



- **Social Skills Groups** - Developing confidence through practising skills such as turn-taking, listening and speaking in front of others as well as thinking about friendships.
- **Self-esteem Groups** - Thinking about the value of individuals and building confidence and resilience.
- **Emotional Literacy Groups** - Thinking about and using strategies to manage feelings through games, group discussion and Art and Drama activities.
- **Pastoral Mentoring** – Working on the topics listed above on a 1:1 basis.

# P.I.T. Stop Feedback 2014-2015



- Please find below feedback from children who attended P.I.T. Stop sessions in the previous academic year as well as comments from our Teaching staff.
- “I love P.I.T. Stop – it has made me feel more confident. It makes this school unique, as no other school has this.” (Amanda - Previous Y6 Pupil)
- “P.I.T. STOP helped me feel more confident when I took SATS because I used breathing techniques while I was doing the exams” (Blaydon – Previous Y6 pupil)
- “Children are very anxious about moving on to Secondary School. The impact of the P.I.T. Stop intervention has helped them to be much better prepared with a greater understanding of what to expect at Secondary School.” (Lorraine Crooke – Family Worker)
- “P.I.T. Stop is absolutely invaluable in offering children in my class the extra pastoral support that they require.” (Mr Frost – Y5 Teacher)



# Frequently Asked Questions



- **Why has my child been chosen?**

Children can be referred for a variety of reasons including:

- Developing confidence
- Support with friendships
- Managing feelings
- Bereavement

- **How long will the sessions last?**

- Sessions take place for between 15 minutes – 1hr once a week and will run for one term (approximately 8 hours in total).

# Frequently Asked Questions



- **Will my child miss any of their key subjects whilst attending their session?**

We work closely with your child's teacher to ensure that the groups do not coincide with any key subjects such as literacy, numeracy, science or P.E.

- **Who should I talk to if I have any questions?**

Should you have any questions please do not hesitate to get in contact with a member of the P.I.T. Stop team who will be more than happy to arrange an appointment with you.